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FEB 16 2005

Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

January 31, 2005

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Aminoade supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, CVS, Dollar General, Duane Reade, Giant Eagle, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Kaiser Permanente, Life's Finest, Major, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Sam's Club, Shoprite, Sundown, Target, US Nutrition, Vibrant Health, Vitamin World, Walgreens, Walmart and WorldWide Sports:

**Ingredients:** Vitamin C, Calcium, Phosphorus, Chloride, Sodium, Potassium, L-Glutamine, L-Arginine, L-Leucine, L-Isoleucine, L-Valine

- Advanced Sports Energy Supplement
- Muscle-Nitrogen Support
- Antioxidant Power to Help Fight Free Radicals
- Amazing Taste to Promote Hydration
- Rapid Amino Delivery System
- Aminoade is designed to support both muscle nitrogen and overall body nitrogen levels during exercise.
- Branched Chain Amino Acids are unique since they are the only Amino directly metabolized in the muscle.
- Glutamine is the most abundant Amino Acid in both the blood and skeletal muscle, while Arginine is unique since it has more nitrogen groups than any other Amino.
- With additional antioxidant power and a great taste to promote hydration, Aminoade is the natural choice for any serious athlete.

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The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

A handwritten signature in black ink, appearing to read 'Angelica S. Vrablic', is written over the printed name.

Angelica S. Vrablic, Ph.D.  
Manager, Nutrition Research

ASV/mb